

86

DAILY

Sundays
(Evenings excepted)Mile End
Station

Limehouse

Bromley-by-Bow
Station

Bow Bridge

Stratford

Forest Gate

Manor Park

Ilford

Seven Kings

Chadwell Heath

Romford

Romford Town Hall

Romford

Mon-Fri peak hours

INNER

OUTER

FARE ZONES

PLEASE HAVE YOUR FARE READY TO PAY THE DRIVER

Mondays to Fridays

NOTE Between Stratford and Romford extra buses provide a service as follows until 1830: Stratford to Ilford every 6 minutes; Ilford to Romford every 5-6 minutes during peak hours.

Mile End Station	0636	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741
Bow Church	0640	0645	0652	0655	0704	0710	0715	0720	0725	0741	0746
Stratford Broadway	0645	0652	0655	0704	0710	0715	0720	0725	0741	0746	0751
Forest Gate Green Street	0652	0655	0704	0710	0715	0720	0725	0741	0746	0751	0756
Manor Park Broadway	0655	0704	0710	0715	0720	0725	0741	0746	0751	0756	0801
Ilford Clements Road	0704	0710	0715	0720	0725	0741	0746	0751	0756	0801	0806
Seven Kings Garage	0710	0715	0720	0725	0741	0746	0751	0756	0801	0806	0811
Chadwell Heath Coopers Arms	0715	0720	0725	0741	0746	0751	0756	0801	0806	0811	0816
Romford Station	0720	0725	0741	0746	0751	0756	0801	0806	0811	0816	0821
Mile End Station	0836	0840	0845	0852	0855	0904	0910	0915	0920	0925	0941
Bow Church	0840	0845	0852	0855	0904	0910	0915	0920	0925	0941	0946
Stratford Bus Station	0845	0852	0855	0904	0910	0915	0920	0925	0941	0946	0951
Stratford Broadway	0852	0855	0904	0910	0915	0920	0925	0941	0946	0951	0956
Forest Gate Green Street	0855	0904	0910	0915	0920	0925	0941	0946	0951	0956	1001
Manor Park Broadway	0904	0910	0915	0920	0925	0941	0946	0951	0956	1001	1006
Ilford Clements Road	0910	0915	0920	0925	0941	0946	0951	0956	1001	1006	1011
Seven Kings Garage	0915	0920	0925	0941	0946	0951	0956	1001	1006	1011	1016
Chadwell Heath Coopers Arms	0920	0925	0941	0946	0951	0956	1001	1006	1011	1016	1021
Romford Station	0925	0930	0941	0946	0951	0956	1001	1006	1011	1016	1021
Mile End Station	1625	1630	1635	1640	1645	1650	1655	1700	1705	1710	1715
Bow Church	1630	1635	1640	1645	1650	1655	1700	1705	1710	1715	1720
Stratford Bus Station	1635	1640	1645	1650	1655	1700	1705	1710	1715	1720	1725
Stratford Broadway	1640	1645	1650	1655	1700	1705	1710	1715	1720	1725	1730
Forest Gate Green Street	1645	1650	1655	1700	1705	1710	1715	1720	1725	1730	1735
Manor Park Broadway	1650	1655	1700	1705	1710	1715	1720	1725	1730	1735	1740
Ilford Clements Road	1655	1700	1705	1710	1715	1720	1725	1730	1735	1740	1745
Seven Kings Garage	1700	1705	1710	1715	1720	1725	1730	1735	1740	1745	1750
Chadwell Heath Coopers Arms	1705	1710	1715	1720	1725	1730	1735	1740	1745	1750	1755
Romford Station	1710	1715	1720	1725	1730	1735	1740	1745	1750	1755	1800

Saturdays

NOTE Between Ilford and Romford extra buses provide a service every 5 minutes during shopping hours.

Stratford Bus Station	0639	0703	0751	0803	0815	0827	0839	0851	0903	0915	0927
Stratford Broadway	0643	0707	0755	0807	0819	0831	0843	0855	0907	0919	0931
Forest Gate Green Street	0647	0711	0759	0811	0823	0835	0847	0859	0911	0923	0935
Manor Park Broadway	0651	0715	0803	0815	0827	0839	0851	0903	0915	0927	0939
Ilford Clements Road	0655	0719	0807	0819	0831	0843	0855	0907	0919	0931	0943
Seven Kings Garage	0700	0724	0812	0824	0836	0848	0860	0872	0884	0896	0908
Chadwell Heath Coopers Arms	0705	0729	0817	0829	0841	0853	0905	0917	0929	0941	0953
Romford Station	0710	0734	0822	0834	0846	0858	0910	0922	0934	0946	0958
Stratford Bus Station	0839	1812	1817	1826	1833	1838	1846	1900	1906	1912	1917
Stratford Broadway	0843	1817	1822	1831	1838	1843	1853	1905	1911	1917	1922
Forest Gate Green Street	0850	1824	1829	1838	1845	1850	1900	1912	1918	1924	1929
Manor Park Broadway	0852	1828	1833	1842	1849	1854	1904	1916	1922	1928	1933
Ilford Clements Road	0901	1836	1841	1850	1857	1902	1912	1924	1930	1936	1941
Seven Kings Garage	0909	1842	1847	1856	1903	1908	1918	1930	1936	1942	1947
Chadwell Heath Coopers Arms	0914	1848	1853	1902	1907	1914	1924	1936	1942	1948	1953
Romford Station	0933	1903	1917	1922	1927	1932	1939	1951	2003	2015	2027

Sundays and Public Holidays

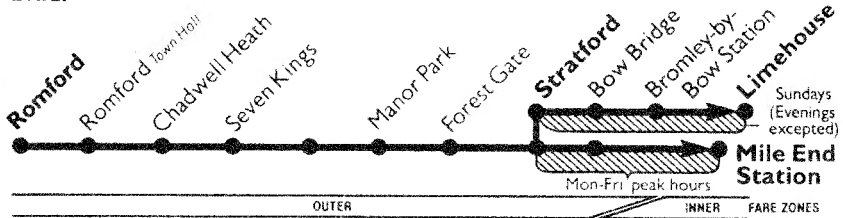
Limehouse Burdett Road	0740	0810	0840	0910	0939	09	39	1839	1847	1904	1909
Bromley-by-Bow Station	0748	0818	0848	0918	0947	04	44	1847	1855	1912	1917
Stratford Bus Station	0709	0804	0834	0904	0934	04	44	1847	1855	1912	1917
Stratford Broadway	0713	0808	0838	0908	0938	04	44	1847	1855	1912	1917
Forest Gate Green Street	0720	0815	0845	0915	0945	04	44	1847	1855	1912	1917
Manor Park Broadway	0722	0817	0847	0917	0947	04	44	1847	1855	1912	1917
Ilford Clements Road	0730	0825	0855	0925	0955	04	44	1847	1855	1912	1917
Seven Kings Garage	0738	0833	0903	0933	1003	04	44	1847	1855	1912	1917
Chadwell Heath Coopers Arms	0746	0841	0911	0941	1011	04	44	1847	1855	1912	1917
Romford Station	0754	0849	0919	0949	1019	04	44	1847	1855	1912	1917
Limehouse Burdett Road	1909	1917	2219	2234	2249	2304	2319	2334	2349	0005	0009
Bromley-by-Bow Station	1913	1924	2224	2239	2254	2309	2324	2339	2354	0010	0014
Stratford Bus Station	1918	1929	2229	2244	2259	2314	2329	2344	2359	0011	0015
Stratford Broadway	1921	1932	2232	2247	2262	2317	2332	2347	2362	0012	0016
Forest Gate Green Street	1924	1935	2235	2250	2305	2320	2335	2350	2405	0013	0017
Manor Park Broadway	1927	1938	2238	2253	2308	2323	2338	2353	2408	0014	0018
Ilford Clements Road	1930	1941	2241	2256	2311	2326	2341	2356	2411	0015	0019
Seven Kings Garage	1933	1944	2244	2309	2324	2339	2354	2409	2424	0016	0020
Chadwell Heath Coopers Arms	1936	1947	2247	2312	2327	2342	2357	2412	2427	0017	0021
Romford Station	1939	1950	2250	2315	2330	2345	2400	2415	2430	0018	0022

A - Starts from Ilford Broadway.

B - Continues to Chadwell Heath Wangey Road.

86

DAILY

Please
have your
fare
ready toPAY THE
DRIVER

Mondays to Fridays

NOTE Between Romford and Stratford extra buses provide a service as follows until 1800: Romford to Ilford every 5-6 minutes; Ilford to Stratford every 6 minutes during peak hours.

Romford Station	0538	0559	0617	0629	0639	0651	0703	0715
Chadwell Heath Coopers Arms	0550	0611	0630	0643	0655	0707	0720	0732
Seven Kings Garage	0543	0606	0616	0626	0636	0649	0709	0721
Ilford Clements Road	0548	0600	0611	0621	0631	0642	0702	0714
Manor Park Broadway	A	0609	0620	0631	0643	0654	0717	0729
Forest Gate Green Street	0612	0623	0635	0647	0658	0709	0721	0733
Stratford Broadway	0618	0632	0647	0659	0710	0717	0723	0736
Stratford Bus Station	0623	0637	0652	0704	0715	0725	0735	0745
Bow Church	0627	0642	0657	0709	0721	0732	0743	0755
Mile End Station	0627	0642	0657	0709	0721	0732	0743	0755
Romford Station	0727	0738	0826	0844	0850	0902	0915	0927
Chadwell Heath Coopers Arms	0744	0756	0844	0902	0908	0920	0933	0945
Seven Kings Garage	0750	0802	0850	0908	0914	0926	0939	0951
Ilford Clements Road	0759	0811	every 5 mins	0859	0917	0923	0935	0948
Manor Park Broadway	0813	0825	12	0913	0931	0937	0949	1002
Forest Gate Green Street	0819	0831	mins	0919	0937	0943	0955	1008
Stratford Broadway	0836	0848	until	0936	0951	0956	1006	1016
Stratford Bus Station	0843	0855	0943	0957	1008	1018	1028	1038
Bow Church	0850	0902	0950	1004	1014	1024	1034	1044
Mile End Station	0850	0902	0950	1004	1014	1024	1034	1044
Romford Station	1735	2156	2312	2320	2332	2344	2356	2358
Chadwell Heath Coopers Arms	1751	about 2310	2324	2332	2344	B	2356	0008
Seven Kings Garage	1757	every 2315	2329	2337	2349	2356	0001	0013
Ilford Clements Road	1804	12	2320	2334	2348	2356	0001	0013
Manor Park Broadway	1815	mins	2329	2343	2357	2365	0001	0013
Forest Gate Green Street	1820	until	2332	2346	2360	2368	0001	0013
Stratford Broadway	1827	2338	2352	2406	2418	2430	0001	0013
Stratford Bus Station	1829	2340	2354	2408	2420	2432	0001	0013

Saturdays

NOTE Between Romford and Ilford extra buses provide a service every 5 minutes during shopping hours.

Romford Station	0536	0606	0636	0700	0724	0736	0748	0800
Chadwell Heath Coopers Arms	0548	0618	0648	B	0713	0737	0749	0801
Seven Kings Garage	0540	0623	0639	0654	0706	0718	0730	0742
Ilford Clements Road	0545	0628	0645	0700	0712	0724	0736	0748
Manor Park Broadway	A	0607	0639	0656	0711	0723	0735	0747
Forest Gate Green Street	0610	0642	0659	0714	0726	0738	0750	0802
Stratford Broadway	0616	0648	0705	0720	0732	0744	0756	0808
Stratford Bus Station	0618	0650	0707	0722	0734	0746	0758	0810
Romford Station	0900	1820	2232	2244	2256	2312	2320	2332
Chadwell Heath Coopers Arms	0916	1834	Then every 2246	2258	2310	2324	2332	2344
Seven Kings Garage	0922	1840	every 2252	2304	2316	2330	2338	2350
Ilford Clements Road	0929	1845	12	2257	2309	2320	2334	2346
Manor Park Broadway	0942	10	1855	mins	2307	2318	2329	2343
Forest Gate Green Street	0945	minutes	1859	until	2311	2321	2332	2346
Stratford Broadway	0952	until	1905	2317	2327	2338	2352	2406
Stratford Bus Station	0954	1907	2319	2329	2340	2354	2408	2420

Sundays and Public Holidays

Romford Station	247	0611	0710	0745	0813	0843	0905	0919
Chadwell Heath Coopers Arms	C	0623	0722	0757	0825	0855	0919	0933
Seven Kings Garage	0616	0639	0658	0713	0727	0747	0802	0818
Ilford Clements Road	0625	0644	0703	0719	0733	0753	0808	0824
Manor Park Broadway	D	0653	0713	0729	0743	0803	0818	0834
Forest Gate Green Street	0658	0716	0732	0746	0806	0821	0837	0853
Stratford Broadway	0702	0722	0738	0752	0812	0827	0843	0859
Stratford Bus Station	0704	0724	0740	0754	0814	0829	0845	0861
Bromley-by-Bow Station	0729	0749	0765	0781	0797	0813	0829	0845
Limehouse	0735	0755	0811	0827	0843	0859	0915	0931
Romford Station	1805	1820	1835	1851	1907	1923	2223	2240
Chadwell Heath Coopers Arms	1819	1834	1849	1905	1921	1937	2237	2254
Seven Kings Garage	1825	1840	1855	1911	1927	1943	2243	2300
Ilford Clements Road	1831	1846	1901	1916	1932	1948	2248	2305
Manor Park Broadway	1841	1856	1911	1926	1942	1958	2258	2314
Forest Gate Green Street	1845	1900	1915	1930	1946	2002	2302	2317
Stratford Broadway	1851	1906	1921	1936	1952	2008	2308	2323
Stratford Bus Station	1853	1908	1923	1938	1954	2010	2310	2325

A - Continues to Ilford Broadway.

B - Starts from Chadwell Heath Wangey Road.

C - Starts from Romford North Street/The Avenue via Romford Market.

D - Continues to Chigwell Row Maypole via Ilford Broadway.